

October 2022  
Healing a Woman's Soul, Inc. 2022



## Find Us

- Healing a Woman's Soul, Inc.  
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Dear Friends of Healing a Woman's Soul, Inc.,  
We are coming to the end of October, Domestic Violence Awareness Month. We are also looking forward to seeing you at our annual fundraiser on November 5th, held this year after a 2-year hiatus.

We appreciate the opportunity to meet in person, tell the stories of survivors, and share anecdotes from

our visits to shelters and other nonprofits that help educate, support, raise awareness, and offer resource information to groups and individuals. And there will be chocolate.

It is thanks to your prayers & donations that we can minister in Jesus' name to women and children suffering from domestic violence abuses. Below, see some of the things we were able to do through your support and donations from like-minded people. ~Maggie Hasslacher, Executive Director

- **Prayer:** Our intercessory prayer team keeps the women who have attended the retreat in prayer before, during and after the retreat. Our volunteers prepare prayer shawls that are given away to women at the retreat and in the shelters. These are like a hug from Jesus!



Above: Hands of women after crafting encouraging gifts for themselves at 2022 retreat.

## Board Members

- Gretchen Coyner,  
Chairperson
- Sarah Garno
- Father Scott Garno
- Maggie Hasslacher
- Dcn. Dawn Skramsted
- Janet Smith
- Gary Willis

# What has Healing a Woman's Soul been up to?

- **A New Day:** Offering a grant of approximately \$500 for furniture and home essentials to women moving into a new home. This project is offered in partnership with the Columbia County Habitat for Humanity ReStore in Hudson, NY.
- Christ Church Cooperstown and Episcopal Charities helped sponsor this in 2022 and you can help for 2023 by donating at [www.hawsalbany.org/donate](http://www.hawsalbany.org/donate)
- **Education:** Healing a Woman's Soul meets with secular and non-profit organizations to host booths at public events to educate the public about Domestic Violence and offer resources for those seeking help.  
(More than 10 different organizations and or public events in 2022!)

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**Distributing to shelters:** Our donors have given extravagantly during this past year. Our board members have gathered and delivered more than 45 car-loads of personal care items, clothes, cleaning products, luggage, gift bags, food and household items.

Below is a list of items that are always in need at the various shelters:

Blankets (Twin), Sheets (Single), Pillows (New), Pillowcases

Dishes, Flatware, Pots and Pans, Small Appliances, Cooking Utensils/ Pot Holders

Cleaning items:

Sponges, Buckets

Used Clothing:

Women's Underwear (New), Socks , Winter gloves, Coats, especially Children's

Boots and Shoes, Diapers

Personal Care Items:

Deodorant, Shampoo/ Conditioners, Sanitary Napkins/tampons

Toothbrushes/ Toothpaste, Brushes/ Combs

Hand and Body Lotion, Small packs of tissues

School Supplies like Notebook Paper, Crayons, Notebooks, Pens, Highlighters, Pencils,

Erasers, Calculators

Small gift cards: \$5-\$20

## Sponsoring Partners 2022

- Christ Church, Cooperstown
- Episcopal Charities
- St. Stephen's, Delmar
- St. George's, Clifton Park
- Christ Church, Hudson
- Church of the Resurrection
- Daughters of the King
- United Way/SEFA
- Many individual Donors

- We have remembered shelter residents at Christmas, Easter and Mother's Day with thoughtful bags of everyday necessities.
- We have reminded the public of the difficulties experienced by survivors and provided important telephone numbers to assist them.
- We have provided children in Shelters with school supplies and biographical books and creative posters to encourage them to think positively to inspire hope.
- Annual Retreat for Women in September 2022.
- Planning Spring 2023 day-long and Fall 2023 overnight retreats

At any given time, there are more than 100 women and children in domestic violence shelters in the immediate vicinity. The shelters tell us that over half of their women are pregnant or have children (or both). Gifts for children are gifts for their mothers, who worry about what they are not able to provide once they leave their homes. Like God the Father, they desire to give good gifts to their children, and through your generosity we have been able to assist them in doing that. Check out our Facebook page for photos of some of the donations.

We want you to know what has been happening, what we are planning for next year, and we will send periodic newsletters over the next few months. You have given us your email or expressed an interest in the past – and can unsubscribe at any time. We hope you won't, and that this letter will keep you informed, educated and perhaps inspired by the news from Healing a Woman's Soul. We promise not to write too often and clog your inbox.

Give us a call, send us an email and connect with us on Facebook or on the Web. You can donate online at any time.

Faithfully yours,

Maggie Hasslacher, Executive Director

On behalf of the Board of

Healing a Woman's Soul, Inc.

## Regional Shelters You have enabled us to assist

- Albany County (5)
- Catskill
- Delaware County
- Essex County
- Hudson
- Greene County
- Saratoga
- Schenectady
- Troy (3)
- Washington County

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"I just wanted to say a Big Thank You for helping me getting a good night's sleep. It means a lot! Year 2021 was a very sad and exhausting. I have spent a long time in the Domestic Violence Shelter trying to find a way to a peaceful, safe and a happy future. God has given me a personal miracle when I got approved for the affordable housing and for putting so many wonderful people who helped me dealing with my broken heart and anxiety of domestic violence from my husband. I am forever thankful [that] my life is starting to be a "normal" again. Miracles do Happen when you ask for it, pray and believe I am an example of it."

## New Day Grants



Gifts from St. George's, Clifton Park